PARTNERSHIPS FOR WELLBEING: PROMOTING THE EMOTIONAL WELLBEING OF YOUNG PEOPLE WITH CANCER AND THEIR CARERS

Dr Tracy Robinson
The Workforce Education and Development Group
Faculty Of Medicine, University Of Sydney

When: Wednesday 10th October 2012
3:30pm – 4:30pm

Where: Level 5 Training Room, Medical Foundation Building
92-94 Parramatta Road, Camperdown
Location:
1. Campus Map
2. Local Street Map

Biography
Tracy is currently working as a Research Fellow: Knowledge Translation in Cancer. This position is based at the Workforce Education and Development Group (WEDG), in the Faculty of Medicine at the University of Sydney. In this role, Tracy is focusing on implementation science and education research in the area of cancer. Tracy works part time for Sydney Catalyst and part time for Sydney West Translational Cancer Research Centre. Prior to this position, Tracy spent six years working as Program Leader (Education) at the Centre for Rural and Remote Mental Health at the University of Newcastle. This involved developing and implementing research on health education programs for the rural health workforce, including academic programs, professional development and community mental health promotion programs.

Tracy is a registered nurse in Australia and has worked across the spectrum of mental health from promotion and early intervention to treatment and recovery based services. Tracy was involved in early Australian efforts in mental health promotion, including the Rural Youth Suicide Prevention Project and School Link. She was awarded a PhD in 2011 in the School of Psychology at Charles Sturt University. Her doctorate, entitled Partnerships for Wellbeing: The Impact of the Resourceful Adolescent Program on Rural Youth involved adapting an emotional wellbeing program in collaboration with three Aboriginal communities and implementing the modified program with adolescents between the ages of 12 and 15 in four rural schools. Tracy has worked closely with the Aboriginal Health and Medical Research Council (AHMRC) and the NSW Transcultural Mental Health to enhance the cultural competence of education interventions. Tracy’s research expertise encompasses emotional resiliency programs for children, adolescents and adults. She also has extensive experience in health education research.

Abstract:
In this presentation, Tracy will provide a brief overview of WEDG and its current activities in health education research in cancer. She will present current research efforts that focus on emotional resilience and its components and how this might be extended to promote the emotional wellbeing of young people with cancer and their carers. She will also discuss some of the methodological and implementation challenges psychosocial researchers must navigate in order to progress implementation science.